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## **BERNIE LES, PH.D., LP INSIGHT PSYCHOLOGICAL SERVICES, PLLC**

Bernie Les is a psychotherapist in private practice with locations in Birmingham and Northville. He is also an Adjunct Faculty Member at Wayne State University's graduate school, where he teaches couples and family systems psychotherapy techniques. Throughout his 25 year career, he has coauthored a parent training manual and provided workshops to populations nationwide on topics like conflict resolution, cultural diversity, and confidence-building. Through his clinical work he has served various populations and pathologies, with his primary emphasis on relationships.